



NAME: _____

RALPH WILL CAST A SPELL TO IMPROVE YOUR LIFE

**COMPLETE THE 5 STEPS BELOW, RETURN THE TOP HALF,
AND KEEP THE BOTTOM HALF.**

STEP 1 - Make A Wish

From the list below, please choose ONE wish:

- Improved health (this wish should not replace medical care)
- Inner peace (less anxiety, depression, heartache)
- Inner strength (to quit a bad habit, or let go of a toxic situation)
- More supportive friends
- Improved finances
- Meet my soulmate
- Find a rewarding job
- More success on my career path
- Find more meaning in my life
- Improved relations with _____
(insert name of **ONE** person [ie, a family member, spouse, boss, etc])



STEP 2 - Make A Plan

On the back of this flyer (bottom half), please write down **three TANGIBLE** strategies for fulfilling your wish and make a pledge to follow through. Please make sure your strategy won't manipulate or bring harm to anyone. Ralph will cast a spell to make your plan successful.

STEP 3 - Daily Reminder

Find a symbol for your wish and place it somewhere you'll see every day. (Eg, if you're seeking a soulmate, put a heart on your bathroom mirror).

STEP 4 - Pay It Forward

Perform a good deed every day. Keep it simple and don't over-extend yourself.

STEP 5 - Gratitude

Make a list of everything you're grateful for and read this list every day. When this wish comes true, express gratitude to the Universe.